

# JEALOUSY

WHAT IS THE ROOT CAUSE OF JEALOUSY OR ENVY?



# WHO'S TO BLAME?

There has been a lot of research about jealousy and envy, socially perceived as a negative trait. How does esotericism consider this?

Important: glammers are *unconscious* motives in everyday life. The evolutionary purpose of man is to fulfil himself in his earthly life, by means of a natural development from the *non-real* (the personality with his illusions) to the *real* (the Soul).





# JEALOUSY IN A LOVE RELATIONSHIP

This illusion can be very negative in its effects, even though it is often thought that a jealous partner loves his / her husband / wife much; in other types of relationships, jealousy is more negatively assessed.



# THE ORIGIN OF JEALOUSY

## • The origin of jealousy

• This can be traced back to the oldest illusion of the Third Ray of planet Earth and is thus inherent in the beginning of the earthly existence: *the selfishness (or possession)*, which easily leads to jealousy.

The first humans could only react *instinctively*, so with aggression and sexuality, because the consciousness of emotions and thinking was not yet developed. In the Atlantean era man built the astral body and thus the positive and negative emotions like peeling an onion around the first delusion.

During the period of the Aryan race with his mental development, the emotions were rationalized. As a result, the original delusion of selfishness became increasingly difficult to *recognize and feel*.

It is through the mental development one comes closer to his original source, the soul, through which at a certain point of awareness, the deepest sunken delusion of *selfishness* can be seen for ourselves. The *hallmark of the soul is unselfishness*. Yet, it is very difficult to recognize selfishness because one experiences his acting as *doing well*. The motive of altruism is - esoterically - expecting no *recognition, neither from the outside world nor from teachers*.



# INSTINCTS

## • The base of the glammers: instincts

• Man is an animal / spiritual being, changing the animal aspects gradually during the evolutionary journey into creative energy serving the whole. Yet instincts like *aggression and sexuality*, which are specific to humans, lead a hidden existence so that possession and selfishness are thus considered the bottlenecks.



## Behaviour arising from unconscious glammers

- Need for gratitude from others.
- Need for pride and recognition from the outside world.
- Experiencing a personal sense of dissatisfaction that cannot be filled up.
- Being busy so that one does not need not to be concerned with investigating his own problems.
- A deeply felt jealousy towards others who have a higher status.
- Jealousy with respect to one's own partner and / or children.
- Pretending to work in the service of the whole, but actually serving one's own purpose.

# THE FIRST 2 YEARS OF LIFE

During the first two years of life, the foundation is laid as to how we will deal later in life with these instincts. Around the second year *the will* becomes visible. We all recognize those shrieking darlings in the middle of a grocery store demanding just that little car or sweet and not willing to listen to reason. It often leads to conflict between parents and the child. The aim is to change the self-will of the child into an appropriate relationship of mutual respect and social cohesion.

This provides quite a difficult phase for the parents because it requires patience and composure. At this phase aggression (resistance) and power are involved. These can positively develop themselves into a balanced and natural self-esteem. Negatively, if the fight, suppressed or not, will be decided in favour of the child. In this case, the experience gained will lead to repetitive conflicts for ambition and power, and aggression will often be the overtone.

There are three aspects of the will affecting the behaviour: a point of evolution which is more developed than that of the parents; the First Ray of the Will in the ray-structure and the astrological sign under which the child was born.

# AROUND THE THIRD YEAR OF LIFE

Around the third year this battle of authority is involved as well, but then focused on sexual attraction between *father / daughter* or *mother / son*. This is based more on an *unconscious level of sexuality*. As a result, the other authority (father or mother) is seen as *a rival*, being rejected by the child, and jealousy is going to play a bigger role.

There are also other delusions addressed, such as the desire of being the *favorite* of the father or mother. The *ambition* can also be fuelled by being better than the adverse party (the rival). Especially when in the earlier phase of the child's will the own authority is paramount.

Although jealousy is already more or less latent, this will be enhanced by the inner, subconscious need for sexuality (which shows the ratio of male / female).



# THE BRIDGE TO A NEW GENERATION

An important issue in the development of the child is how the parents have experienced their own upbringing. It seems plausible that this can become a repetition or copying behaviour of the parents.

Another important aspect is the effect of the seventh ray which plays the leading role under the Aquarius sign. The etheric body is a vehicle that can be greatly affected. Moreover, sexuality connected to the sacral centre and also affiliated with the Seventh Ray (more on this, see the lecture: The Letting Go Of Old Patterns).

The child's self-image is shaped by his experiences, both positive and negative. Being an adult, these feelings will later be projected in the same way at the partner.

From this point of view one can also imagine that this pattern is repeated generation after generation. Only if a generation as a group has become aware of the real cause of the oldest glamour (selfishness), the chain of negative feelings and desires can be broken.



# CONDITIONS FOR CHANGE

Jealousy and the feeling of being chosen (Sixth Ray) also lead to pride (Third Ray). Ambition and power (First Ray) play to a certain extent a major role in the afterlife. Other Rays can still strengthen or weaken this, depending on the body (mental, astral or physical) on which one is focused.

The instinctive and astral feelings are experienced again by every human in every incarnation. It should also demonstrate to which extent delusions from previous incarnations have been overcome. The further the soul has advanced, the sooner one will become aware of the illusions.

The following conditions determine the path one takes during the learning process:

1. The point of evolution of the child and that of the parents.
2. The ray-structure whether different from the parents or not.
3. The pattern of values and norms of the environment and the living conditions, but also that of the country in which one grows up.
4. The assignment in relation to the three glamours that have to be understood and overcome in that particular life.

# AWARENESS

From the esoteric point of view, if one is developed mentally enough in a particular incarnation, questions arise such as: 'what is the purpose of my life', 'why am I here' and 'where am I going?' Often one will need a form of meditation, which is a signal that our invisible source, the Soul, is knocking on the door of our personality.

This is the beginning of recognizing, acknowledging and change certain forces (glamours) into energies (the Soul).

Even though one is not aware of the underlying theory and its terminology, one still goes through the same process until an incarnation takes place where one also connects these experiences with the theory behind the *Constitution of Cosmos and Man*.



*The symbol for chocolate: a feeling of not being appreciated,  
resulting in jealousy or envy but also self-pity*

